






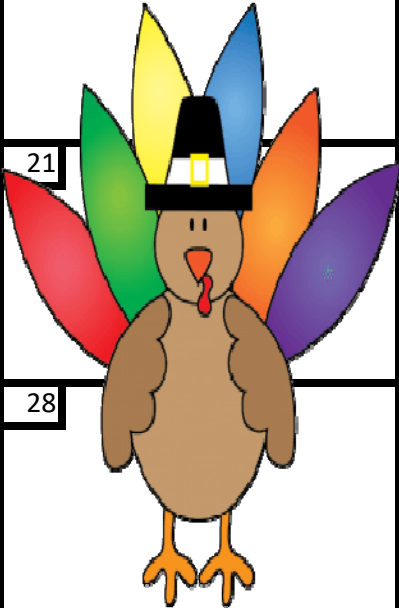


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>November</h1>			1 Folders I'm Thankful Boards 	2 Closed
5 Wii Bowling Scattagories Sweet Potato or YAMS? <i>Errands</i>	6 Closed	7 Exercise w/ Mark The Price Is Right Folders <i>Fresh Connections</i>	8 Breakfast at BG Nursing Home 	
12 Closed for Veterans Day 		14 Exercise w/ Mark Turkey Paint by Numbers Folders <i>Fresh Connections</i>	15 TRIP OUT Spotsy Mall/ Micheals Food Court	
19 <i>Holiday Grocery Shopping</i> Bowling Green Family Dollar/ Food Lion McDonalds	20 Closed	21 Closed	22 THANKSGIVING	
26 Wii Bowling Pen Pals Whats In The Bag <i>Errands</i>	27 <i>thankful</i>	28 Exercise w/ Mark Nutrition w/ Beth Folders <i>Fresh Connections</i>	29 Birthday Celebrations BINGO 	
			30 Closed	














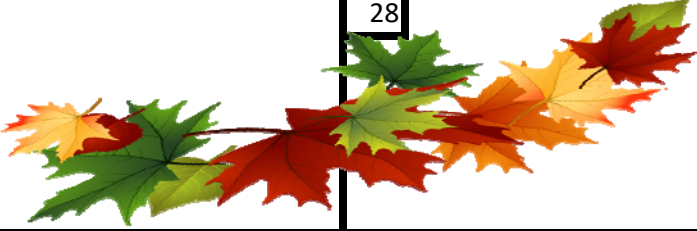
If County Schools are closed due to inclement weather, then the café is closed.

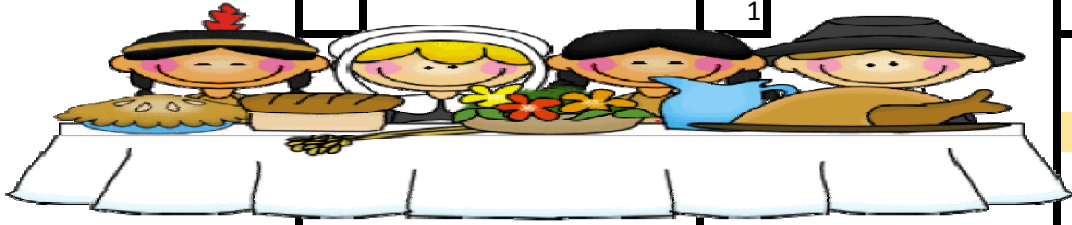




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Wheel of Fortune Healthy Steps Grocery Spirit Week-wear Red, White and Blue for military	2 Madlibs Cornhole Bingo Spirit Week-Favorite Sports Jersey
5 	6 Movie and Popcorn	7	8 Healthy Steps Bingo Grocery	9 James Monroe Museum Golden Corral
	13 Nutrition w/ Mary Box of Fun	14	15 Arts and Crafts Stretching Grocery	16 Trivia Cornhole Bingo
	20 Healthy Steps Box of Fun Last Minute Grocery Shopping!	21 	22 Closed	23 Closed
26	27 November Birthdays! Music Healthy Steps	28	29 Crafts Games Grocery	30 Cornhole Bingo



If City Schools are closed due to inclement weather, then the café is closed.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Roses/Walmart Dollar Tree	2 Closed
5 Closed	6 Wine and Design Turkey Paint Yoga LG Program	7 Family Fuad Wii Bowling Exercise Folders Errands	8 Food Bank Movie Day Exercise Foodlion	9 Closed
12 	13 LG Program Yoga The Price is Right Wii Bowling	14 Scatagories Mad Libs Tea Lights Exercise Errands	15 Thanksgiving Celebration Exercise Foodlion	16 
19	20 			
26 Closed	27 LG Program Wii Bowling Snowman Ornaments Bring in Christmas Yoga	28 Whats in the bag Redo Frame Exercise Horse Races Errands	29 Decorate Christmas Tree Paper Wreaths for Banner Bingo Exercise Foodlion	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		 Jean, Mary, Brenda & Vera	1 Chair Exercises Coloring Pages Grocery/Errand	2 Craft Fun Fresh Connections
5 Game Day Word Find 	6 	7	8 Shopping Trip Out: Roses in Ashland Lunch: Ponderosa Grocery/Errand	9 Craft Fun Fresh Connections
12  Closed	13	14	15 Chair Exercises Word Find Birthday Celebration w/ Cheese & Wine Grocery/Errand	16 Movie Day w/ Popcorn Game Day Nutrition w/ Mary B Fresh Connections
19 Thanksgiving Grocery Shopping	20 Closed	21 Closed	22  Closed	23 Closed
26 Game Day Coloring Pages 	27 	28	29 Chair Exercises Puzzle Day: Word Find/Crossword Suduko Grocery/Errand	30 Holiday Craft Fun Fresh Connections

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				2 HEALTHY STEPS NATIVE/AMERICAN CRAFT CONTINUING JOURNALS FALL BINGO TIME
5 HEALTHY STEPS NUTRITION W/ MARY PEN PAL OUTREACH	6 	7 HEALTHY STEPS FALL LEAVES CRAFT CORNUCOPIA COLORING HOUR GROCERIES/ERRAND DAY	8 CLOSED	9 HEALTHY STEPS RAG QUILT PROJECT BUTTON DAY CRAFT FALL BINGO TIME
12 CLOSED 	CLOSED	14 TRIP OUT ASHLAND GOOD WILL ROSES LUNCH: CRACKER BARREL	15 CLOSED	16 HEALTHY STEPS THANKSGIVING LUNCHEON APPLE PARING CONTEST FALL BINGO TIME GROCERIES/ERRAND DAY
19 CLOSED				BLACK FRIDAY CLOSED SHOP UNTIL YOU DROP DAY
26 HEALTHY STEPS PINK PANTHER DAY WII BOWLING GAME USE/RECYCLE/REPURPOSE	27  CLOSED	28 HEALTHY STEPS WINE AND CHEESE SOCIAL NOVEMBER BIRTHDAYS COLORING HOUR GROCERIES/ERRAND DAY	29 CLOSED	30 HEALTHY STEPS SQUARE DANCE CLASS OUTREACH FALL BINGO TIME



If City Schools are closed due to inclement weather, then the café is closed.