

CAREGIVER and ALZHEIMER'S SUPPORT GROUP INFORMATION

Alzheimer's Support Groups

**Fredericksburg
For Caregivers and Persons with Dementia**
2nd Monday- 6:30-8:00pm
Home Instead Senior Care
107 Olde Greenwich Drive, Suite 101
Fredericksburg VA 22408

**Fredericksburg
For Caregivers**
1st Tuesday, 10-11:30 am
Spotsylvania Regional Medical Center
4600 Spotsylvania Ave.
4th Floor Conference Room
Fredericksburg, VA 22408

**Fredericksburg
For Caregivers**
3rd Tuesday, 6:00 pm- 7:30pm
Spotsylvania Regional Medical Center
4600 Spotsylvania Ave
4th Floor Conference Room
Fredericksburg, VA 22408

**Fredericksburg
For Caregivers**
3rd Tuesday, 1:30 pm – 3:00pm
Homecare America
2017 Plank Road (Westwood Shopping Ctr.)
Fredericksburg, VA 22401

**Fredericksburg
For Caregivers**
4th Monday, 11:00-12:30pm
Howell (England Run) Library
806 Lyons Boulevard
Fredericksburg, VA 22406

**Fredericksburg
For Persons with Early Stage Dementia**
4th Tuesday, 11 am -12:30 pm
Please call for
more information
540-228-1502

Please call the Fredericksburg branch office of the Alzheimer's Association at
540-228-1502 for more information on the above support groups.
If schools are closed for inclement weather, there will be no meeting.

Caregivers Support Group

sponsored by Mary Washington Hospital Home Health Agency
Meets the 2nd and 4th Wednesday of each month.
11:00 am – 12 noon
Mary Washington Home Health and Hospice
Please contact Margaret Kenerly, MSW at 540-741-1667 for more information.

Connections Support Group

Sponsored by Poet's Walk Fredericksburg
Meets on the 1st Thursday of each month
4:30 pm
Poet's Walk Fredericksburg
3020 Gordon W. Shelton Boulevard
Fredericksburg, VA 22401
Please contact Valerie Hopson-Bell, at 540-370-8000 for more information.