

# **TRANSPORTATION INVENTORY RESOURCE GUIDE**

**Healthy Generations Area Agency on Aging**



**Mobility Options Transportation Inventory  
Resource Guide for Virginia Planning District 16**



**Effective January 2019**

## **NON-PROFITS/GOVERNMENT AGENCIES**

### **American Cancer Society**

**PHONE:** 1-888-227-6333 (national)

**www.cancer.org**

**Local service provided:** Yes

No charges for transportation provided

Rides only provided to and from cancer-related medical appointments

**Fleet size:** Volunteer Driver Pool

Ambulatory accessibility only

**Road to Recovery:** This program attempts to provide transportation for those individuals who don't have a ride or are unable to drive themselves to cancer-related medical appointments. Volunteer drivers donate their time and the use of their vehicles so that patients can receive the life-sustaining medical treatments. Call the national office for further information. Please allow a minimum of four days' notice before requesting assistance.

## **AMTRAK**

**PHONE:** 1-800-872-7245

**200 Lafayette Boulevard, Fredericksburg, VA 22401** (local PD16 station)

National Headquarters: Union Station, Washington, D.C.

[www.amtrak.com](http://www.amtrak.com)

**Local service provided:** No

**Out-of-town service provided:** Yes

**Wheelchair accessible:** Yes

**Medicaid recipient:** Not accepted

**Discount:** A number of discounts exist for children, active military, students and older adults. Weekly specials and promotions are also available. Please call for details.

AMTRAK is provided through the National Railroad Passenger Corporation and is wholly owned and managed through the Federal Government. It's designed to provide inter-city passenger service throughout much of the United States. A substantial number of passenger trains arrive and depart the Fredericksburg rail station; however, there is no station manager, ticket counter or baggage assistance available at this station.

**Bay Transit (Colonial Beach Transit)**

**Westmoreland County, VA**

**PHONE: 1-877-869-6046**

**Schedule:**

Monday and Friday: Colonial Beach in-town service only

Tuesday and Thursday: Round-trip transportation to the City of Fredericksburg

(King George County residents can access Bay Transit at the King George YMCA. Advanced reservations required, call for details and reservations 804-250-2011)

**Local service provided:** Yes (see above)

**Out-of-town service provided:** limited (see above)

**Rates:** \$1.00 each way (discount for older adults; please call for information)

**Wheelchair accessibility:** Yes

**Medicaid recipient:** No

**Disabled American Veterans (DAV)**

**George Washington Chapter 7, Fredericksburg, VA**

**PHONE: 202-632-1631 (Contact Person is Stephen C. Combs, MA)**

**[www.dav.org](http://www.dav.org)**

**Local service provided:** Unknown at the present time

**Out-of-town service provided:** No

**Rates:** No charge for assistance; currently researching the local resource for Planning District 16

**Fredericksburg Regional Transit (FRED)**

**1400 Jefferson Davis Highway, Fredericksburg, VA 22401**

**PHONE:** 540-372-1222

**www.rideFRED.com**

**Local service provided:** Yes

- Rates: \$ 1.25 per boarding (no free transfers)
- Route deviation available (24-48 hours advanced notice)
- 21 routes serving all of Planning District 16 excluding King George County; includes regular routes, VRE feeder buses and Eagle Express
- Free Travel Training Services offered in coordination with Rappahannock Area Agency on Aging (call 540-371-3375 for information)

**Out-of-town service provided:** No

**Fleet size:** 31 vehicles accommodating up to 24 people per vehicle (not including standing passengers)

**Wheelchair Accessibility:** Yes

**Medicaid Recipient:** No

**Discount:** ½ price fares for Seniors (over 65) and Persons with Disabilities. Monthly and yearly passes available for purchase.

## **George Washington Regional Commission**

### **GWRideConnect**

**406 Princess Anne Street, Fredericksburg, VA 22405**

**PHONE: 540-373-7665 (POOL)**

**[www.gwrideconnect.org](http://www.gwrideconnect.org)**

**Local service provided:** dependent upon interest and need

**Out-of-town service provided:** Yes. Work-related ridesharing information is available on carpools, buses, Virginia Railway Express (VRE) as well as other transportation resources.

**Rates:** Monthly fees apply given the set-up of a particular vanpool and bus. The rates are set by the vanpool operator and/or group that lease a van. The driver generally rides for free. Carpools may also have fees, although often there may be none as carpool participants will rotate personal vehicles.

## **Healthy Generations/ Rappahannock Area Agency on Aging**

**460 Lendall Lane, Fredericksburg, VA 22405**

**[www.healthygenerations.org](http://www.healthygenerations.org)**

**PHONE: 540-656-2985**

**Transportation Program Name:** Mobility Options/New Freedom is a federally-funded program (5310). This program attempts to provide transportation counseling, free FRED Transit Travel Training services, and low cost transportation to eligible persons with disabilities, and persons with disabilities who are 60 years of age or older. Transportation services are limited due to grant funding constraints. Call for details.

**Local service provided:** Yes

**Out-of-town service provided:** Call for information

**Rates:** \$2.00 one-way/\$4.00 per round trip

**Fleet size:** 22 vans and two sedans

**Wheelchair Accessibility:** Yes (excluding the two sedans)

**Medicaid Recipient:** No

**Rappahannock Area Community Services Board (RACSB)**

**460 Lendall Lane, Fredericksburg, VA 22405**

**PHONE:** 540-899-4331

[www.racsb.state.va.us](http://www.racsb.state.va.us)

**Transportation Program Name:** Specialized Transportation

This program provides weekday transportation subscription service to individuals with Intellectual Disabilities, Mental Illness, and Substance Abuse problems to **RACSB sponsored programs.**

**Local service provided:** Yes- RACSB Sponsored Programs Only

**Out-of-town service provided:** No

**Fleet size:** 60 vehicles (varied sizes and capacity.)

**Wheelchair Accessibility:** Yes (a percentage of the fleet)

**Medicaid Recipient:** Yes

**Rappahannock Rapidan Regional Commission (RRRC)**

**420 Southridge Parkway, Suite 106, Culpeper, VA 22701**

**PHONE: 540-829-7450**

**www.rrregion.org**

**Contact:** Kristen Lam Paraza Mobility Manager

**Transportation Program Name:** Foothills Express

Foothills Express is shuttle bus transportation service connecting Culpeper and Madison to destinations in Charlottesville every Tuesday, Wednesday and Thursday. No restrictions or eligibility requirements; however, medical trips are given priority. Reservations are required at least 24 hours in advance. Reservations can make by calling-1-800-365-2868

**Local service provided:** Yes (limited)

**Out-of-town service provided:** Yes (limited)

**Rates:** \$3.00 one-way/\$5.00 round-trip. Exact change required. Children aged six and under ride for free. Escorts for medical appointments also ride for free.

**Wheelchair Accessibility:** Yes

**Medicaid Recipient:** Yes

**Transportation Program Name:** FAMS One-Call Transportation Center. Free information and referral an all available public, private and volunteer transportation services in Planning District 9 (Culpeper, Orange, Fauquier and Rappahannock Counties.) Free travel planning and trip planning is also available.



**Local Service provided:** Yes

**Out-of-town service provided:** Yes (Limited)

**Rates:** There is no charge for this service. No eligibility requirements.

**Wheelchair accessibility:** N/A

**Medicaid Recipient:** N/A

**Virginia Railway Express (VRE)**

**1500 King Street, Alexandria, VA 22314**

**PHONE:** 703-684-1001

**[www.vre.org](http://www.vre.org)**

**Local service provided:** Yes (limited)

**Out-of-town service provided:** Yes

**Wheelchair accessibility:** Yes

**Medicaid recipient:** No

This is round-trip heavy rail commuter service originating in Fredericksburg and terminating at Union Station in Washington, D.C. Available Monday-Friday only; there is one early afternoon reverse commuter train. There may or may not be holiday service dependent upon the holiday. Call for details. VRE offers discounted tickets for three groups: senior citizens 65 years of age older; youth between the ages of 11 and 17 years of age and persons with disabilities. A 50% discount off the cost of VRE full fare tickets is available for these three population groups. Please call for details.

**Virginia Department of Medical Assistance Services  
(DMAS)**

**Current vendor: Logisticare**

**PHONE:** 1-866-386-8331

www.logisticare.com

**Local service provided:** Yes

**Out-of-town service provided:** Yes

**Rates:** Please call for details

**Fleet size:** N/A – arranges all ride requests through local sub-contractors

**Wheelchair accessibility:** Yes

**Medicaid Recipient:** Yes

The DMAS contractor serves as a broker and manages and coordinates rides in Virginia. It does not have any vehicles of its own and relies on sub-contractors to provide transportation. All ride requests must be for medical non-emergency appointments only. Please call for more information

## **PRIVATE FOR PROFITS**

### **Angel Rides Inc.**

**1952 William Street, Fredericksburg, VA 22401**

**PHONE: 540-373-5540**

www.angelridesfxbg.com

**Contact:** Tanya Ison

**Local service provided:** Yes

**Out-of-town service provided:** Yes

**Rates:** Please call for rate quotes as each area differs

**Fleet size:** Three wheelchair vans and two ambulatory vans

**Wheelchair accessibility:** Yes, and Stretcher Transport

**Medicaid recipient:** Yes 50%, Private 50%, Other Insurance as well

### **ATK Transportation**

**5502 Rudy Lane, Fredericksburg, VA 22407**

**PHONE:** (540) 898-8438 or cell (540) 898-8438

Contact: Tony Kay

**Local service provided:** Yes

**Out-of-town service provided:** Please call for details. Goes as far as North Carolina.

**Rates:** Wheelchair rates vary depending on location. Fredericksburg within 7 miles \$75.00. 8-15 miles \$150.00. Richmond: \$25 per hour \$300 round trip. Caroline: \$180-200. Adjusts rates as needed for clients. Depends on person and situation.

**Wheelchair accessibility:** Yes, and Stretcher Transport

**Fleet size:** Two wheelchair vans and one SUV for ambulatory. Stretcher: Yes

**Medicaid recipient:** No

Wait time is 15 minutes, maximum. Does not leave clients waiting and sitting.

### **Bright Day Transit Services**

**PO Box 5515, Fredericksburg, VA 22403**

**PHONE:** Office- (540) 907-9676, Mobile-(540) 656-6325

[www.brightdaytransitservices.com](http://www.brightdaytransitservices.com)

**Contact:** Kenneth & Veronica Witherspoon

**Local service provided:** Yes. Culpeper, Fauquier, Fredericksburg, Prince William, Spotsylvania, and Stafford Counties

**Out-of-town service provided:** Please call for details.

**Rates:** Please call for details

**Wheelchair accessibility:** Yes

**Fleet size:** Two Wheelchair accessible van

**Medicaid recipient:** No

**Bright Star Home Care**

**112 Juliad Ct, Ste 109, Fredericksburg, VA 22406**

**PHONE:** 540-376-3131

<http://www.brightstarcare.com/fredericksburg/>

**Contact:** Julie Edmonson

**Local service provided:** Yes. Service is provided to individuals receiving home healthcare from Bright Star Home Care

**Out-of-town service provided:** Please call for details. Exceptions can be made for Richmond, etc.

**Rates:** Please call for details

**Wheelchair accessibility:** No. Passenger must be able to transfer in and out of a vehicle with assistance. Only use caregiver's car or client privately owned vehicles.

**Medicaid recipient:** No

**EL Divine Home Healthcare, LLC.**

321 Phillips St, Fredericksburg, VA 22405

**Phone:** 703-987-5052 OR 540-689-0333 Secondary

www.eldevinehomehealthcare.com

**Local Service Provided:** Yes

**Out-of-town service Provided:** Call for details

**Fleet Size:** Two vans

**Wheelchair Accessibility:** Yes, two vans. Stretcher: No

**Rates:** Go by mileage. Please call for details

**Discount:** 5% for senior citizens and military

**Medicaid Recipient:** Yes

Transports for doctor appointments, employment, etc.

### **Greyhound**

**Local location:** 1400 Jefferson Davis Highway,  
Fredericksburg, VA 22401

**PHONE:** National- 1-800-231-2222 Local- 540-373-2103

www.greyhound.com

e-mail: ifsr@greyhound.com

**Phone for persons with disabilities:** 1-800-752-4841

**TTY:** 1-800-345-3109

**Local service provided:** No

**Out-of-town service provided:** Yes

**Rates:** Costs dependent upon distance traveled; reduced rates for internet users; some savings for advanced purchases

**Wheelchair accessibility:** Yes (new fleet buses.) Please call for details

**Discount:** Children, students, active military, veterans and older adults may qualify for a discount. Prices vary. Please call for details.

### **Home Instead Senior Care**

**107 Olde Greenwich Drive, Suite 101, Fredericksburg, VA 22408**

**PHONE:** 540-899-1422

[www.homeinstead.com/614](http://www.homeinstead.com/614)

**Local service provided:** Yes

**Out-of-town service provided:** Please call for details

**Rates:** Please call for rates

**Hourly charge:** Please call for details

**Fleet size:** Care providers make use of their own private vehicles

**Wheelchair accessibility:** No. Passenger must be able to transfer in and out of a vehicle with assistance.

**Medicaid recipient:** No

### **Innovatus Care**

**4020 Plank Road, Fredericksburg, VA 22407**

**PHONE:** 1-855-411-2110

**Contact:** Margo Dinkis

<http://www.innovatuscare.com/index.html>

**Local service provided:** Yes

**Out-of-town service provided:** Yes Caroline, Orange, Prince William County, Westmoreland. Please call for details.

**Rates:** Please call for details

**Wheelchair accessibility:** No. Passenger must be able to transfer in and out of a vehicle with assistance.

**Medicaid recipient:** Yes Accepts Anthem, Healthkeepers, Humana, Private pay, Veteran Aide and Attendant, Virginia Medicaid, and other long term insurances.

### **JDS Transportation**

**11227 Trisler Drive, Fredericksburg, VA 22407**

**PHONE:** 540-273-0444

Contact: Delancy Jackson

**Local service provided:** Yes

**Out-of-town service provided:** Yes

**Rates:** Please call for details

**Fleet size:** Ten vehicles



**Wheelchair accessibility:** The entire fleet is wheelchair accessible. **Can accept stretchers.**

**Medicaid recipient:** Yes. Cannot bill Medicaid directly. Have to go through call center.

**LifeCare Medical Transport, Inc.**

**1170 International Parkway, Fredericksburg, VA 22406**

**PHONE:** 1-800-772-1907 (national)

540-752-5883 (local)

**www.lifecare94.com**

**Local service provided:** Yes

**Out-of-town service provided:** Yes. Hampton Roads, Northern VA, Roanoke, Richmond

**Rates:** Please call for details

**Fleet size:** Please call for details

**Wheelchair accessibility:** There is a limited amount of wheelchair accessible vehicles in the Greater Fredericksburg region

**Medicaid Recipient:** Yes

**MVP Transports, LLC.**

**5000 Brookshire Court East, Fredericksburg, VA 22408**

**www.mvptransports.com**

**PHONE:** 1-800-687-4891

**Contact:** Edward Banks

**Local Service Provider:** Yes, within a pre-set area

**Out of service provider:** Yes, Varies on distance. Tries not to go more than 20 miles. Please call.

**Rates:** \$7.50 one-way trip within the pre-set coverage area.  
\$14.00 RT

**Fleet Size:** Two vehicles both personal transport. No medical transport.

**Wheelchair Accessibility:** No

**Medicaid Recipient:** No

Veteran owned and operated.

### **VIP Medical Transportation, LLC**

225 Industrial Ct, Ste 200, Fredericksburg 22408

**Phone:** 540-300-6126

www.vipmedtransportva.net

**Local service provided:** Yes. Caroline, Culpeper, Fairfax, Fredericksburg, King George, Spotsylvania, and Stafford

**Out- of-town service provided:** Yes, please call for details

**Rates:** Varied, please call for details

**Fleet Size:** Three vans. No stretcher capacity.

**Wheelchair Accessibility:** Yes

**Medicaid Recipient:** No

Veteran owned and operated. CPR/First Aid

**Wisdom Ride, Inc.**

**7293 Macedonia Road, Woodford, VA 22580**

**PHONE:** 804-633-6157

www.wisdomrideinc.com

**wisdom1@wisdomrideinc.com** (e-mail)

**Contacts:** Quentin C. Hardy and Sheryl Lewis-Hardy

**Local service provided:** Yes

**Out-of-town service provided:** Yes. Everywhere including other states

**Rates:** Dependent upon distance. Please call for details

**Fleet size:** Two vans that are wheelchair and stretcher accessible and two SUVs

**Wheelchair accessibility:** Yes, and Stretcher Transport

**Medicaid Recipient:** Yes

## TAXI CABS

**Taxicab information for the region is minimal. The only jurisdiction in Planning District 16 that monitors and provides some semblance of regulation on taxicabs is the City of Fredericksburg. For those taxicab companies doing business within the City of Fredericksburg, the city is divided into three zones: there are specific charges to travel either within one city zone or from one zone to another. In addition, there's a fuel surcharge (currently a flat rate of \$2.00) added to each trip. For those trips originating within the City but whose destination is beyond the City of Fredericksburg limits, the rate/charge for the trip is completely negotiable between the passenger and a taxicab company's dispatch (or with the driver him/herself.) There are added charges for additional passengers and/or waiting time. All information specific to a ride request should be clear and a cost agreed upon prior to any passenger entering a taxicab. There are no regulations at all for any taxicab company located in and doing business within the Counties of Caroline, King George, Spotsylvania and Stafford.**

### **610 Taxi**

**215 Pepper Tree Lane, Stafford, VA 22554**

**PHONE:** 540-318-5346

**Local service provided:** Yes (Mostly Stafford County)

**Out-of-town service provided:** Please call for details

**Rates:** \$10.00 for the first 3.5 miles; \$2.00 per mile afterwards

**Fleet size:** Two to five vehicles

**Wheelchair accessibility:** No

**Discount:** 10% Senior citizen and military

### **AA Lightfoot Taxi**

**13908 Eggbornsville Road, Culpeper, VA 22701**

**PHONE:** 540-829-0997

**Local service provided:** Yes

**Out-of-town service provided:** Yes

**Rates:** Please call for details

**Fleet Size:** Fourteen vehicles

**Wheelchair Accessibility:** No

**Discount:** Please call for details

### **Checkered Flag Taxicab**

**136 Barrett Heights Road, Stafford, VA 22556**

**PHONE:** 540-288-8200

**Local service provided:** Yes

**Out-of-town service provided:** Yes

**Rates:** Call for details

**Fleet Size:** 4 Vehicles

**Wheelchair Accessibility:** Operators are able to provide assistance to passengers coming in or out of a taxicab who can transfer

**Discount:** Seniors and Military

### **Gary's Taxi Service**

**4769 Mewell Rd, Fredericksburg, VA 22408**

**PHONE:** (540) 891-6555

[www.taxicabfredericksburg.com](http://www.taxicabfredericksburg.com)

**Local service provided:** Yes. **No more than 100 miles outside of Fredericksburg**

**Out-of-town service provided:** Please call for details

**Rates:** Please call for details

**Fleet size:** Twelve minivans and cars

**Wheelchair accessibility:** None

**Discount:** None

**Global Cab Inc.**

**24 Synan Rd. Suite 117, Fredericksburg, VA 22405**

**PHONE:** 540-657-2227

**Local service provided:** Yes

**Out-of-town service provided:** Please call for details

**Rates:** Starting at \$5 locally \$55 airports

**New:** Prepaid and preordered groceries \$2.50 minimum. \$1.25 per mile charged from the pickup location to destination. Delivery service is also available. Call for details.

**Fleet size:** Nine vehicles

**Wheelchair accessibility:** Fold up wheelchairs only

**Discount:** None

**Hilddrup Virginia Taxi Services**

**2215 Jefferson Davis Highway Suite #104, Fredericksburg, VA 22401**

**PHONE:** 540-373-8294

[www.fredtaxicab.com](http://www.fredtaxicab.com)

**Local service provided:** Yes

**Out-of- town service provided:** Yes

**Rates:** Our regular rates within the city of Fredericksburg are based on the three zones and pricing set down by city council. See zone map and related pricing online.

**Fleet size:** 30+ vehicles

**Wheelchair accessibility:** None

**Discount:** Please call for details.

Open 24 hours. Accepts all major credit cards

### **Yellow Cab of Fredericksburg**

**100 Princess Anne Street, Fredericksburg, VA 22401**

[www.Fredericksburgtaxicab.com](http://www.Fredericksburgtaxicab.com)

**Phone:** 540-371-8294

**Local Service provided:** Yes

**Out-of-town Service:** Yes

**Rates:** \$3.00 load fee

\$2.00 per mile

\$1.00 per additional passenger

Surcharge: (Snow and gasoline) and additional charges may apply.



**Yellow Cab of Prince William County/Hilldrup VA Cab**

**P.O. Box 141, Woodbridge, VA 22194**

**PHONE:** 703-494-8507

www.yellowcabpw.com

**Local Service Provided:** Fredericksburg, Prince William County, Spotsylvania, and Stafford

**Out-of-town service:** Please call for details

**Rates:** \$3.00 load fee

\$2.00 per mile for all counties except Fredericksburg. Rates in Fredericksburg are mandated by the city council.

**Fleet size:** One hundred vehicles with the two companies combined. Wheelchair accessibility in Prince William only.

**Medicaid Recipient:** No

**Discount:** Yellow Cab of Prince William offers a 10% discount for senior citizens with a prepaid senior card. Visit website for senior ride.

**Stafford Yellow Cab Taxi Inc.**

**52 Midway Road, Stafford, VA 22554**

**PHONE:** 540-720-3005/8294

www.airporttaxiva.com

**Local service provided:** No

**Out-of-town service provided:** Yes – Airport Transportation Only

**Rates:** Please visit website

**Fleet size:** Five vehicles

**Wheelchair accessibility:** None

**Discount:** 5% for senior citizens

## **TRANSPORTATION NETWORK COMPANIES**

Transportation Network Companies (or TNCs) are companies that use on-line (smart phone) technology and computers to connect private vehicles with individuals who seek transportation options. In the Commonwealth of Virginia, TNCs are defined as companies ‘that provide pre-arranged rides for compensation using a digital platform that connects passengers with drivers using a personal vehicle.’

TNCs offer the following advantages to passengers including the ability to:

- Request service via a mobile application (app) or website, which is not always available from taxicab companies.
- Service can often be requested in less populated (small urban and rural) regions that are not regularly served by taxicabs.
- A passenger can track the location of a requested TNC driver with a smart phone.
- The TNC chosen for a trip can also monitor the progress of a trip.
- TNC drivers (with some variations per the jurisdiction and the company) are subject to background checks, training, drug and alcohol policies and insurance mandates.
- TNCs can be less expensive, given the time of day when a trip is requested.
- TNCs, to some extent, reduce traffic congestion because their drivers can’t accept ‘street hails’ as is the case with taxicabs.

The two largest TNC organizations are found below; however, this is a growing industry with scores of smaller companies providing the same service. Please call Mobility Options at 540-656-2985 for clarification or further questions.

## **LYFT**

Download app on your phone. Request a ride and go. After the ride, simply pay through your phone. Lyft is available 24 hrs. a day, 7 days a week.

[www.lyft.com](http://www.lyft.com)

**Estimate Trip Cost:** Enter a pickup and drop-off location to estimate the price of your trip. You can make multiple stops per ride.

Base Fare: \$1.15

Cancel Penalty: \$5.00

Cost per Mile: \$1.02

Cost per Minute: \$.17

Maximum Fare: \$200.00

Scheduled Ride Cancel Penalty \$10.00

Service Fee \$1.70

## **UBER**

Sign up online, download and use app on a smartphone. Trip fares start with a base amount, then increase with time and distance.

[www.uber.com](http://www.uber.com)

**Request:** Tap each ride option to see wait time, size of vehicle, and price. Then enter your pickup location and tap request. Your driver will arrive in minutes.

**Ride:** Your ride comes to you. You'll see your driver's contact information and vehicle details in the app, so you know you're getting in the right car.

**Pay and Go:** Hop out and rate your driver when you reach your destination. Uber automatically charges the credit card on file, so you never need cash.

**Fare Estimate:** Check the price before you go. Enter a destination to get an estimate for the cost of your ride. Fare estimate is also available by tapping each ride option.

**Split Fare:** Share the cost of your ride with any contact who uses Uber. Tap your driver's photo to use Split Fare. You can split the cost with everyone in the car.