

CAREGIVER and ALZHEIMER'S SUPPORT GROUP INFORMATION

Fredericksburg For Caregivers

2nd Monday- 6:30-8:00pm
Home Instead Senior Care
107 Olde Greenwich Drive, Suite 101
Fredericksburg VA 22408

Fredericksburg For Caregivers

3rd Tuesday, 6:00 pm- 7:30pm
Spotsylvania Regional Medical Center
4600 Spotsylvania Ave., 4th Floor Conference Room
Fredericksburg, VA 22408

Fredericksburg For Caregivers

4th Monday, 11:00-12:30pm
Howell (England Run) Library
806 Lyons Boulevard
Fredericksburg, VA 22406

Fredericksburg For Caregivers

1st Tuesday, 10-11:30 am
Spotsylvania Regional Medical Center
4600 Spotsylvania Ave., 4th Floor Conference Room
Fredericksburg, VA 22408

Fredericksburg For Caregivers

3rd Tuesday, 1:30 pm – 3:00pm
Fick Center, Classroom F
1301 Sam Perry Blvd, Fredericksburg, VA 22401
Behind the Moss Free Clinic

Fredericksburg For Persons with Early Stage Dementia

4th Tuesday, 11 am -12:30 pm
Please call for
more information
540-228-1502

King George

For Caregivers

4th Monday, 1:30-3:00pm
Heritage Hall Conference Room
10051 Foxes Way
King George, VA 22485

Please call the Fredericksburg Branch Office of the Alzheimer's Association at 540-228-1502 for the above support groups.

Capital Caring Caregiver Support Group

Meets the 3rd Tuesday of each month.
3:00 pm - 4:00 pm
Porter Library

2001 Parkway Blvd., Stafford, VA 22554
Please contact Emily J. Wild, MSW, MBA at 540-891-1200

Mary Washington Hospital Home Health Agency Caregivers Support Group

Meets the 2nd and 4th Wednesday of each month.
11:00 am - 12 noon

Mary Washington Home Health and Hospice
Please contact Margaret Kenerly, MSW at 540-741-1667

Poet's Walk Fredericksburg Connections Support Group

Meets on the 1st Thursday of each month
6:00 pm

Poet's Walk Fredericksburg
3020 Gordon W. Shelton Boulevard
Fredericksburg, VA 22401
Please contact Valerie Hopson-Bell, at 540-370-8000