

# February 2020

Monday		Tuesday		Wednesday		Thursday		Friday	
					9			1	
3		4		5		6		7	
IG PROGRAM WII BOWLING HEALTHY BRAIN ACTIVITY ERRAND DAY		CLOSED		EXERCISE W/MARK HEALTHY BRAIN ACTIVITY		HEALTHY BRAIN ACTIVITY BINGO		CLOSED	
10		11		12		13		14	
IG PROGRAM WII BOWLING HEALTHY BRAIN ACTIVITY ERRAND DAY		CLOSED		EXERCISE W/MARK SHARE AND TELL HEALTHY BRAIN ACTIVITY		HEALTHY BRAIN ACTIVITY VALENTINE PARTY 12:30 pm Michelle		CLOSED VALENTINE'S DAY	
17		18		19		20		21	
HOLIDAY CLOSED PRESIDENT'S DAY		CLOSED		EXERCISE W/MARK HEALTHY BRAIN ACTIVITY GAME DAY ERRAND DAY		TRIP OUT ROSS/MARSHALL DOLLAR TREE LUNCH FOUR SEASONS		CLOSED	
24		25		26		27		28	
IG PROGRAM WII BOWLING HEALTHY BRAIN ACTIVITY ERRAND DAY		CLOSED		EXERCISE W/MARK HEALTHY BRAIN ACTIVITY ASH WEDNESDAY		HEALTHY BRAIN ACTIVITY BINGO		BIRTHDAYS Ruby - 5 JULY - 19 Elsie - 27	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
3 Black History Month!	4 Lift w/ April <b>Brain Activities</b> Local African American History Facts Bring in Toilet Paper rolls Valentine's Day craft	5 Exercise Valentine's Day Craft Yarn Hearts All the things I love journaling  Poetry Reading	6 Valentine's Day Game Nutrition w/ Michelle 10:15 am Show and share Bring in a picture to share Errand Day	7
10 	11 Cafe Closed Staff Training	12 Trip Out \$	13 Valentine's Day Celebration Cupcake Decorating Finish up Crafts Bingo Errand Day	14 
17 Washington's Birthday  Holiday	18 Exercise Movie and Popcorn	19 Wii Bowling Musical Hearts  Cornhole Put a Ring on it game	20 Brain Activity Crescent cake in a cup  Games  Errand Day	21
24	25 Lift w/ April Sudoku Word Search	26 Meditation & Coloring Poetry Reading	27 Music and Games Birthday Celebrations  Errand Day Bingo	28 




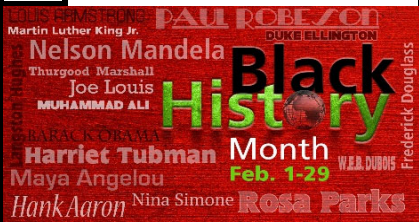
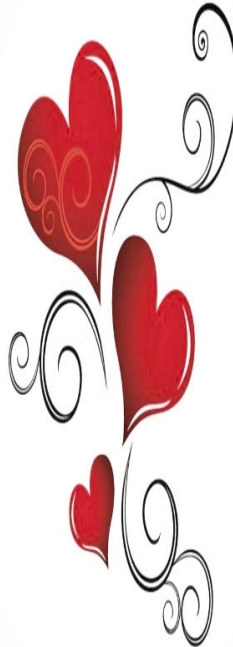







If City Schools are closed due to inclement weather, then the café is closed.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 Exercise Wreath Making Word Search	5 Journal Update Wreath Making Errands	6 Wreath Making Exercise Puzzles	7
10	11 Wreath Making Bingo Word Search	12 Wreath Making Video Yoga Errands	13 Wreath Making Valentine Celebration	14
17	18 Movie Watching Games Journal Update	19 Craft Word Search Errands	20 <b>Trip Out</b>	21
24	25 Morning Social Games Who Did That	26 Journal Update Ball Find Errands	27 Crafts Puzzles Birthday Celebration	28



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Exercise Game Day Word Find</p> 	<p>4</p> <p><b>HELLO FEBRUARY</b></p> 	<p>5</p> <p><b>FEBRUARY BIRTHDAYS BASH</b></p>  <p>Joyce - Doris - Geraldine</p>	<p>6</p> <p>Craft Day: Valentine Word Scramble DVD Chair Exercises</p> <p><b>Grocery/Errands</b></p>	<p>7</p> <p>Craft Day: Valentine Coloring Pages Beach Ball Toss</p> <p><b>Fresh Connections</b></p>
<p>10</p> <p>Exercise Game Day Share Your Personal Memories in Black History Black History Trivia</p>	<p>11</p> <p><b>Black History Month</b> Feb. 1-29</p> 	<p>12</p> 	<p>13</p> <p>Nutrition w/ Michele Movie &amp; Popcorn Darts Tournament Black History Facts</p> <p><b>Grocery/Errands</b></p>	<p>14</p> <p><i>Happy Valentine's Day</i></p> <p>Valentine's Day Party Crown the King and Queen of Hearts Valentine's Day Games</p> <p><b>Fresh Connections</b></p>
<p>17</p> <p><b>PRESIDENTS DAY</b></p> <p><b>Café Closed</b></p>	<p>18</p>	<p>19</p>	<p>20</p> <p>Craft Day : Mardi Gras Word Find Game Day</p> <p><b>Grocery/Errands</b></p>	<p>21</p> <p>Trip Out: Pots and Palettes Lunch: Golden Corral</p>
<p>24</p> <p>Exercise Game Day Word Find</p> 	<p>25</p> <p><b>Mardi GRAS</b></p> 	<p>26</p>	<p>27</p> <p>Mardi Gras Party Limbo Mardi Gras Games Birthday Celebration</p> <p><b>Grocery/Errands</b></p>	<p>28</p> <p>Beach Ball Toss DVD Chair Exercises Horse Racing Fun</p> <p><b>Fresh Connections</b></p>
				



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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	EXERCISE VIDEO WII BOWLING W KATHY <b>COLORING HOUR</b> OUT REACH ACTIVITY	4	CLOSED	5	EXERCISE VIDEO YARN HEARTS DRAWING CLASS 101 <b>PEN PAL ACTIVITY</b> GROCERIES/ERRAND DAY	6	CLOSED	7	EXERCISE VIDEO CANDLE ART CLASS PAPER ART TGIF BINGO
10	EXERCISE VIDEO VALENTINE'S CARD MAKING <b>COLORING HOUR</b> RECYCLE/USE/REPURPOSE	11	CLOSED	12	EXERCISE VIDEO SENIOR ROCKING PROJECT <b>HEART PILLOW CRAFT</b> GROCERIES/ERRAND DAY	13	CLOSED	14	EXERCISE VIDEO VALENTINE'S DAY PARTY FEBRUARY BIRTHDAYS TGIF BINGO
17	CLOSED PRESIDENT DAY	18	CLOSED	19	EXERCISE VIDEO MINUTE TO WIN IT GAME CONTINUING JOURNALS GROCERIES/ERRAND DAY	20	CLOSED	21	EXERCISE VIDEO MOVIE AND POP CORN DAY "LIFE OF PI" THE PRICE IS RIGHT GAME
24	MUVICO MOVIES "JUMANJI" LUNCH: SPLITVILLE	25	CLOSED	26	EXERCISE VIDEO GRAB AND PAINT ACTIVITY SUDOKO GROCERIES/ERRAND DAY	27	CLOSED	28	MEDITATION HOUR <b>PINK PANTHER</b> ANNIVERSARY CELEBRATION



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