

## COMPANION AIDE LIST

*NOTE: This list compiled by Healthy Generations Agency on Aging (HGAAA) does not constitute endorsement by HGAAA.  
Always request references and criminal background checks before employing any individual.*

<b>Name</b>	<b>Phone #</b>	<b>CNA</b>	<b>Experience</b>	<b>Car</b>	<b>Fred</b>	<b>KG</b>	<b>Spot</b>	<b>Staf</b>	<b>Shift</b>	<b>Misc</b>
Adams, Nidelkan	540-848-2384		20+ yrs	x	x	x	x	x	evening, overnite	bathing, feeding, medication
AdjeiFah, Michele	443-333-7285		7 yrs		x				3 pm - overnight	Home health aid to Assist w/ ADLs, personal care, cook, clean, laundry
Amaya, Julye	210-883-8552		10+ yrs	x	x	x	x	x	call to schedule	Assist with ADL's & transportation
Ankomah, Sally	571-234-2023	x	20 yrs		x		x	x	call to schedule	Housekeeping, mel prep., personal care & companionship
Arthur, Tyree	540-854-8835, 540-603-9056	x	30 years	x	x	x	x	x	Days, no weekends	prefers males
Asante, Esther	540-394-8685	x	17+ yrs		x	x	x	x	flexible	MedTech/Phlebotomy/CNA - transportation/errands/bathing/transferring/cooking/light housekeeping
Ballard, Shirley	540-273-9656	x	30 yrs		x		x	x	call to schedule	Meds, IV's, mobility, CPR
Beverly, Kathy	540-538-6820	x	25 yrs	x	x	x	x	x		
Boaitey, Sherry	469-837-0512	x	10+	x	x	x	x	x	all shifts	PCA, housekeeping, personal care & errands
Bouffard, Wendy	540-659-7315		10+ yrs		x		x	x	daytime home	Cancer clients, joint rehab, housekeeping, personal care, errands
Brown, Sheree	571-490-1591		10 yrs		x		x	x	all shifts	Bathe, transport., anything client needs, all CNA duties. Taking CNA Boards.
Carpenter, Susan	540-226-7775	x	30 yrs	x	x	x	x	x	any	Any need the patient may have
Chavula, Doris	540-623-6518	x	15 yrs	x	x	x	x	x	flexible	Medication management, housekeeping, transportation, errands
Chvon, Blair	240-888-1433			x	x		x	x	anytime	HHC, PCA, CPR cert. meds, cooking, errands, feeding etc.
Dickson, Patricia	540-479-0397	x	5 yrs	x	x	x	x	x	all shifts	Any client needs!
Echvarria, Pauline	917-969-2533	PCA	28 yrs	x				x	11-3 Tues, Wed, Fri	Assist with Activities of Daily Living
Ferguson, Shonda	540-621-0150	X	24 yrs.		x		x	x	all shifts	Absoluely anything client needs! Experience with Alzeheimers and Dementia
Flood, Cristiana	540-710-3190	CNA			x		x	x	days and evening	Light housekeeping, meals, shopping, Dr. appts
Grooms, Tina	540-748-4755	x	15 yrs		x	x	x	x	open	Medical asst. blood draws, whatever the client needs
Jackson, Kathy	540-845-6332		9+ yrs		x		x	x	early morning - early evening	PCA, housekeeping, errands, transportation
King, Taresse	540-773-9035	x	7 yrs	x	x	x	x	x	any	Live-in, cooking, cleaning, laundry, errands - CNA & Med. Tech.
Lewis, Falecia	540-760-9156		2 yrs	x	x	x	x		any	Doctor appts. companion, personal care
Madison, Barbara	804-633-9952			x	x	x	x	x	5 hours a day/ nights preferred	Takes care of homebound clients
Martin, Maria	703-638-4962	x	20 yrs		x		x	x	daytime	Personal needs, hygiene, transferring, cooking, light housekeeping

## COMPANION AIDE LIST

<i>Name</i>	<i>Phone #</i>	<i>CNA</i>	<i>Experience</i>	<i>Car</i>	<i>Fred</i>	<i>KG</i>	<i>Spot</i>	<i>Staf</i>	<i>Shift</i>	<i>Misc</i>
Miller, Diane	540-373-0557		12 yrs		x		x	x	days	Personal care, laundry, housekeeping, meals, errands etc. Would consider overnite or live-in.
Morris, Elna	540-379-6699	x	30 yrs		x	x	x	x	evenings, night shifts	Bathing, Personal care, light housekeeping, run errands, doctors appts.
Nestlerode, Glynnis	540-220-6621		12 yrs		x	x	x	x	morning/afternoon/early evenings	housekeeping, cooking, transporation
Obeng, Victoria	703-402-2047	x	8 yrs						Night shift	LPN, personal care, companionship, all needs
Palmer, Patricia	540-257-2396	x	40+		x		x	x	days	light housekeeping, transportation, errands, meal preparation, bathing & more. MedTech/PCA
Raja, Manju	540-775-2880		40yrs			x			mornings	ADLs, IADLs, Dr. Appointments
Ramsey, Josephine	571-722-4467	x	30 yrx	x	x	x	x	x	evenings & weekends	cooking, transportation, cleaning, bathing, whatever client needs to stay in home
Richardson, Rosetta	540-310-0087		14 yrs		x		x	x	evenings & weekends	All client needs, including accompanying to church
Robinson, Latricia	540-603-6871		4 1/2 yrs	x	x	x	x	x	Evenings, Weekends, Overnight	PCA - Light housekeeping, Transportation to medical appointments.
Scott, Margaret	540-748-5000	x	30 yrs		x		x		any shift	Hospice Care, Cooking, Cleaning, Medication Technician, Transportation
Tano, Irene	703-944-1711	x	8 yrs	x	x	x	x	x	Flexible	Any client need, excellent cook, has vehicle for transp
Thomas, Kenyona	540-735-5895	PCA	10+		x		x		Day	Housekeeping & transportation
Thurston, Tiffany	540-642-5270	x	17 yrs		x		x		Morning, Afternoon & Evening Shifts	All tasks-hskeeping, cooking, transp., bathing etc
Tyree, Sylvia	540-854-8835		30 yrs	x	x	x	x	x	days no wknds	Experience alzheimers & special needs clients
Ware, Grace	540-582-9449	x		x	x	x	x	x	no wkds, P/T	interested in sitting with someone a few hours a day/companionship
West, Claire	804-448-1043		3 yrs	x	x	x	x	x	all, overnite	Respite relief, lgt clean, per care
Williams, Tressie	540-322-6688				x		x			Some personal care, lt housekeeping, grocery shopping, cooking
Wright, Lorna	540-372-4170	x	14 yrs		x				any except Sat	Home health aide
Young, Patricia B.	540.455.5993	x	20 yrs	x	x				morning	Bathing, light cleaning, cooking, anything client needs

**Information on criminal background checks can be found on the Virginia State Police website at [www.vsp.state.va.us](http://www.vsp.state.va.us)**