

King George Citizen Center
8076 Kings Highway, King George, VA 22485
(540) 273-8210 10AM to 2PM

KING GEORGE CAFE

JULY 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1		2		3		4	CLOSED
		MORNING MESSGES ARTS & CRAFTS LUNCH WRAP IT UP		WELLNESS WEDNESDAY GROW YOUNG FITNESS NEW BUSINESS LUNCH WRAP IT UP GROCERY TRIP					
7		8		9		10		11	
		MORNING MESSGES LIBRARIAN VISITING CAFE LUNCH WRAP IT UP		WELLNESS WEDNESDAY GROW YOUNG FITNESS ARTS & CRAFTS LUNCH WRAP IT UP GROCERY TRIP				TRIP OUT HAPPY BIRTHDAY GLEN'S CHOICE ROSE'S DISCOUNT STORE LUNCH @ APPLEBEE'S	
14		15		16		17		18	
		MORNING MESSGES ARTS & CRAFTS LUNCH WRAP IT UP		WELLNESS WEDNESDAY GROW YOUNG FITNESS LUNCH WRAP IT UP GROCERY TRIP				MOVIE DAY LUNCH WRAP IT UP	
21		22		23		24		25	
		MORNING MESSGES ARTS & CRAFTS LUNCH WRAP IT UP		WELLNESS WEDNESDAY GROW YOUNG FITNESS LUNCH WRAP IT UP GROCERY TRIP				MORNING MESSAGES LUNCH WRAP IT UP	
28		29		30		31			
		MORNING MESSGES ARTS & CRAFTS LUNCH WRAP IT UP		WELLNESS WEDNESDAY GROW YOUNG FITNESS LUNCH WRAP IT UP GROCERY TRIP					

If County Schools are closed due to inclement weather, then the café is closed.

Marshall Center, Main Lounge
8800 Courthouse Rd, Spotsylvania, VA 22553
(540) 809-9056 10AM to 2PM

SPOTSYLVANIA CAFE

JULY 2025



MONDAY		THURSDAY		FRIDAY	
		3	MIX & MINGLE MORNING EXERCISE CELEBRATE BIRTHDAYS WARD FAMILY VOLUNTEERS VISITING MR AVERY "A MOMENT IN TIME: GROCERY SHOPPING	4	CLOSED 
7	MIX & MINGLE LIFT EXERCISES MEDICINE CABINET MONDAY CONTINUOUS SCRAPBOOKING MRS. LEE POEM VCTE NUTRITION W/ LAUREN	10	MIX & MINGLE MORNING EXERCISE CRAFT DAY SEA SHELL TREE GROCERY SHOPPING	11	MIX & MINGLE LIFT EXERCISES OPEN CHAT TIME COLOR ME HAPPY WORD SEARCH
14	MIX & MINGLE LIFT EXERCISES LIBRARY DAY READ & CHECK OUT A BOOK 	17	MIX & MINGLE MORNING EXERCISE CRAFT DAY POM POM MACRAME PLANTER GROCERY SHOPPING	18	MIX & MINGLE LIFT EXERCISES 
21	MIX & MINGLE LIFT EXERCISES CONTINUOUS JOURNALING SHARE YOUR FAMILY WITH US MRS FREDDIE PRAYER	24	TRIP OUT MARINE MUSEUM IN STAFFORD LUNCH IN MUSEUM RESTAURANT	25	MIX & MINGLE LIFT EXERCISES GAME DAY DOMINOS, SKIP BOO, CJHECKERS SPADES, COLOR ME HAPPY KING IN THE CORNER DARTS
28	MIX & MINGLE LIFT EXERCISES MOVIE DAY 	31	MIX & MINGLE MORNING EXERCISE SIP & PAINT GET TO KNOW YOUR NEIGHBOR GROCERY SHOPPING		BIRTHDAYS CORA CARTER - 3 MRS. LEE - 9 AVERY JACKSON - 23 EARTHLY SPIRES - 22 

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STAFFORD CAFE

JULY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		2 TAI CHI		
		CAFE CHAT TIME CAFE BOOK CLUB RECYCLE PROJECTS GROCERY SHOPPING		
7 WALK WITH EASE		9 TAI CHI		11 DANCE CLASS
CAFE CHAT TIME CAFE GROUPS GARDENING CROCHET DRAWING QUILLING		CAFE CHAT TIME SIP AND PAINT CAFE BOOK CLUB GROCERY SHOPPING		CAFE CHAT TIME CAFE CRAFT DAY MONSTERA LEAF WREATH
14 WALK WITH EASE		16 TAI CHI		18 DANCE CLASS
CAFE CHAT TIME WII BOWLING GAME RECYCLE PROJECTS USE, REPURPOSE, UPCYCLE		CAFE CHAT TIME CAFE BOOK CLUB COLOR ME HAPPY ACTIVITY GROCERY SHOPPING		CAFE CHAT TIME CAFE CRAFT DAY POM POM MACRAME HANGING PLANTER PINK PANTHER DAY JULY'S BIRTHDAYS
21 WALK WITH EASE VTCE Presentation @ 11:30 AM CAFE CHAT TIME "HOT TOPIC" CHEF FOR A DAY "EASY SUMMER SALADS"		23 CAFE TRIP OUT DOLLAR TREE MICHAEL'S/HOME GOODS LUNCH: MALL FOOD COURT		25 DANCE CLASS CAFE CHAT TIME YOUNG GROUP VISIT CONTINUE JOURNALING SCRAPBOOKING SMASH BOOKS GROCERY SHOPPING
28 WALK WITH EASE CAFE CHAT TIME CAFE CRAFT DAY SEA SHELL TREE CHRISTMAS CRAFTS AND FUN		30 TAI CHI CAFE CHAT TIME ALL ABOUT CHRISTMAS CRAFTS AND FUN GROCERY SHOPPING		

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