

CAROLINE CAFE

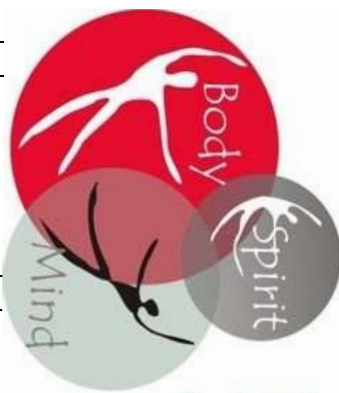
August 2026

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	

King George Citizen Center
8076 Kings Highway, King George, VA 22485
(540) 273-8210 10AM to 2PM

KING GEORGE CAFE

AUGUST 2026

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3		4	MORNING MESSAGES	5	WELLNESS WEDNESDAY WALK WITH EASE	6		7	MORNING MESSAGES NATIONAL PURPLE HEART DAY
 This Photo by Unknown Author is licensed under			ARTS & CRAFTS LUNCH WRAP IT UP		ARTS & CRAFTS LUNCH WRAP IT UP GROCERY SHOPPING				CAPTION CALL (VOIP) (BETH WEBER) LUNCH WRAP IT UP
		11	MORNING MESSAGES	12	WELLNESS WEDNESDAY WALK WITH EASE	13		14	MORNING MESSAGES
			ARTS & CRAFTS LUNCH WRAP IT UP		ARTS & CRAFTS LUNCH WRAP IT UP GROCERY SHOPPING				HUMANA (UPDATE) (TAMMY BRIDGES) LUNCH WRAP IT UP
		18	MORNING MESSAGES	19	WELLNESS WEDNESDAY WALK WITH EASE	20		21	MORNING MESSAGES
			ARTS & CRAFTS LUNCH WRAP IT UP		ARTS & CRAFTS LUNCH WRAP IT UP GROCERY SHOPPING				STAFFORD CAFE JOINS AGAPE FUNERAL HOME (SHERRI BROWN) (sponsoring) LUNCH WRAP IT UP
		25	MORNING MESSAGES	26	MORNING MESSAGES STAFFORD CAFE VISITING			28	MORNING MESSAGES
			ARTS & CRAFTS LUNCH WRAP IT UP		ARTS & CRAFTS LUNCH WRAP IT UP GROCERY SHOPPING				GAME DAY LUNCH WRAP IT UP
31									

If County Schools are closed due to inclement weather, then the café is closed.

Lee Hill Community Center
1 HCC Drive Fredericksburg, VA 22408
(540) 809-9056 10AM to 2PM

SPOTSYLVANIA & FREDERICKSBURG



CAFE



AUGUST - 26



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	UPDATE					6	WALK WITH EASE MIX AND MINGLE OPEN ACTIVITY SCATTERGORIES OPEN CHAT GROCERY SHOPPING AT 1:30 PM	7	WALK WITH EASE MIX AND MINGLE OPEN ACTIVITY NATIONAL PURPLE HEART DAY "LET'S WEAR PURPLE" MR. AVERY "A MOMENT IN TIME" BINGO
	CAFE DAY AT KING GEORGE CITIZENS CENTER 8076 KINGS HIGHWAY KING GEORGE, VA 22485 GAME DAY								
10	WALK WITH EASE MIX AND MINGLE OPEN ACTIVITY MRS. LEE'S POEM MEDICINE CABINET MONDAY SENIOR TRIVIA					13	WALK WITH EASE MIX AND MINGLE OPEN ACTIVITY CRAFT DAY TV LAP TRAYS GROCERY SHOPPING AT 1:30 PM	14	WALK WITH EASE MIX AND MINGLE OPEN ACTIVITY COLOR ME HAPPY SMASHBOOKS OPEN CHAT
17	WALK WITH EASE MIX AND MINGLE OPEN ACTIVITY GAME DAY DOMINOS, SPADES. CONNECT FOUR KINGS IN THE CORNER CHECKERS COLOR ME HAPPY					20	WALK WITH EASE MIX AND MINGLE SELF GUIDED ACTIVITY CRAFT DAY SAFETY SOLAR LIGHT ANIMAL THEME GROCERY SHOPPING AT 1:30 PM	21	WALK WITH EASE MIX AND MINGLE OPEN ACTIVITY MR. JESSE PRAYER GAME DAY NATIONAL SENIOR CITIZEN DAY
24	WALK WITH EASE MIX AND MINGLE OPEN ACTIVITY MRS. LEE'S POEM MONDAY AT THE MOVIES GROCERY SHOPPING @ WEIS					27	TRIP OUT TROLLEY TOURS OF FRED. 601 CAROLINE ST FREDERICKSBURG, VA LUNCH GOLDEN CORRAL 10320 SPOTSYLVANIA AVE FREDERICKSBURG, VA	28	UPDATE CLOSED
31	WALK WITH EASE SELF GUIDED ACTIVITY								BIRTHDAYS SHIRLEY COLE - 13 PATRICIA FUTRELL - 21 THERESA (TESS) MEYERS - 22

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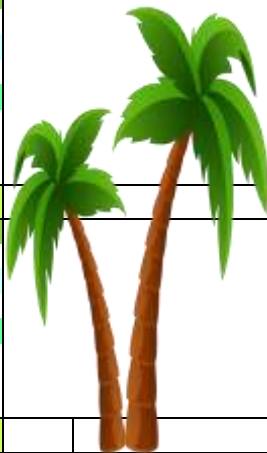
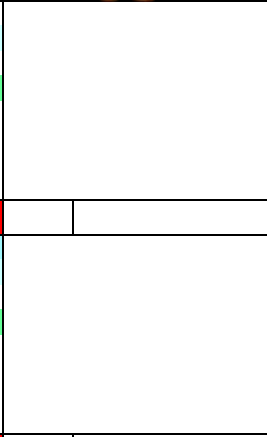
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Rowser Building
1739 Richmond Highway, Stafford, VA 22554
(540) 220-0587 10AM to 2PM

STAFFORD CAFE

AUGUST 2026

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	WALK WITH EASE TAI CHI WALKING			5	TAI CHI WALK WITH EASE			7	WALK WITH EASE TAI CHI WALKING
	CAFE CHAT TIME				CAFÉ ANNUAL LUAU KUMU HULA SAY GAME LEI MAKING COCONUT BOWLING WATERMELON TASTING GROCERY SHOPPING AT 1:30 PM				CAFE CHAT TIME
	CAFÉ CRAFT DAY LAP TV TRAYS								CAFE BOOK CLUB
10	WALK WITH EASE TAI CHI WALKING			12	TAI CHI WALK WITH EASE CAFE CHAT TIME				14
	CAFE CHAT TIME				CAFE BOOK CLUB				GROOVY SUMMER DAY WEAR YOUR TIE DYE ATTIRE BRING YOUR LP & 45'S
	CAFÉ CRAFT DAY SAFETY SOLAR LIGHT "ANIMALS' THEME"				"HOT TOPIC" "MEANING OF LOVE" GROCERY SHOPPING AT 1:30 PM				
17	WALK WITH EASE			19	CAFÉ TRIP OUT			21	UPDATE
	CAFE CHAT TIME				GARRISONVILLE MARKET PLACE 1090 STAFFORD MARKETPL, STAFFORD LUNCH: BOB EVANS 1020 STAFFORD MARKET PL, STAFFORD GROCERY SHOPPING				CAFE DAY AT KING GEORGE CAFE AT KING GEORGE CITIZENS CENTER 8076 KINGS HIGHWAY, KING GEORGE VA COLOR ME HAPPY ACTIVITY "SUMMER PAGES" AGAPE FUNERAL HOME PRESENTATION
	CAFÉ CRAFT DAY								
24	UPDATE			26	UPDATE			28	UPDATE
	TRIP OUT TO THE HOWELL LIBRARY 806 Lyons Blvd, Fredericksburg, VA 22406 BOOK CLUB				CAFE DAY AT KING GEORGE CAFE AT KING GEORGE CITIZENS CENTER 8076 KINGS HIGHWAY, KING GEORGE VA WALK WITH EASE				CAFE DAY AT CAROLINE CAFE 17202 RICHMOND TURNPIKE, MILFORD VA
	COLOR ME HAPPY				CRAFT DAY				WALK WITH EASE
									CRAFT TIME
31	UPDATE								
CLOSED									

[luau.jpg \(1300x594\)](#)

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