Caroline County Community Center
17202 Richmond Turnpike, Milford, VA 22514
(540) 220-1035 10 AM to 2PM

CAROLINE CAFE

October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				2
				MORNING MESSSGES BRAIN TEASER WWE SELF DIRECTED ACTIVITIES LUNCH PUZZLE MATCH SIP & CHAT TAKE ME HOME
	6	7		9
	MORNING MESSAFES BRAIN TEASER WWE CROSS WORD PUZZLE LUNCH SELF DIRECTED ACTIVITIES GROCERY SHOPPING AT 1:30 TAKE ME HOME	MORNING MESSAGES BRAIN TEASER EXERCISE W/MARK ART/CRAFTS LUNCH COMPLETE CRAFT TAKE ME HOME		MORNING MESSSGES BRAIN TEASER WWE MOIVE DAY LUNCH WWI BOWLING TAKE ME HOME
	13	14		16
	MORNING MESSAFES BRAIN TEASER WWE SEEK AND FIND LUNCH GROCERY SHOPPING AT 1:30 TAKE ME HOME	MORNING MESSAGES BRAIN TEASER EXERCISE W/MARK AST/CRAFTS LUNCH COMPLETE CRAFT TAKE ME HOME		MORNING MESSSGES BRAIN TEASER WWE KNOW YOUR NEIGHBOR LUNCH POKENO TAKE ME HOME
	20	21 TRIP OUT		23
	MORNING MESSAFES BRAIN TEASER WWE PUZZLE MATCH LUNCH SELF DIRECTED ACTIVITIES GROCERY SHOPPING AT 1:30 TAKE ME HOME	FXBG TROLLEY TOUR		MORNING MESSSGES BRAIN TEASER WWE OPEN CRAFT DAT LUNCH BINGO TAKE ME HOME
	27	28		30
	MORNING MESSAFES BRAIN TEASER WWE LUNCH GROCERY SHOPPING AT 1:30 TAKE ME HOME	MORNING MESSAGES BRAIN TEASER EXERCISE W/MARK ART/CRAFTS LUNCH COMPLETE CRAFT TAKE ME HOME		MORNING MESSSGES BRAIN TEASER WWE MOVIE DAY LUNCH COMPLETE MOIVE TAKE ME HOME

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If County Schools are closed due to inclement weather, then the café is closed.

King George Citizen Center
8076 Kings Highway, King George, VA 22485
(540) 273-8210 10AM to 2PM

KING GEORGE CAFE

October 2026

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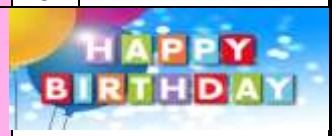
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This Photo by Unknown Author is licensed under CC BY-SA			1 	2 MORNING MESSAGES LUNCH WRAP IT UP
5	6 MORNING MESSAGES ARTS & CRAFTS LUNCH WRAP IT UP	7 WELLNES WEDNESDAY WALK WITH EASE ARTS & CRAFTS LUNCH WRAP IT UP GROCERY SHOPPING	8 John's 76th Birthday October 8th	9  JOHN & YVONNE LUNCH WRAP IT UP
12 Yvonne's 74th Birthday October 17th	13 MORNING MESSAGES ARTS & CRAFTS LUNCH WRAP IT UP	14 WELLNES WEDNESDAY WALK WITH EASE ARTS & CRAFTS LUNCH WRAP IT UP GROCERY SHOPPING	15	16 MORNING MESSAGES GAME DAY LUNCH WRAP IT UP
19	20 MORNING MESSAGES ARTS & CRAFTS LUNCH WRAP IT UP GROCERY SHOPPING	21 TRIP OUT FXBG TROLLEY TOUR	22	23 MORNING MESSAGES SHOWTIME MOVIE: LUNCH WRAP IT UP
26	27 MORNING MESSAGES ARTS & CRAFTS LUNCH WRAP IT UP	28 WELLNES WEDNESDAY WALK WITH EASE ARTS & CRAFTS LUNCH WRAP IT UP GROCERY SHOPPING	29	30 MORNING MESSAGES MONSTER MASH: LET'S DANCE HAPPY HALLOWEEN LUNCH WRAP IT UP

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Lee Hill Community Center
1 HCC Drive Fredericksburg, VA 22408
(540) 809-9056 10AM to 2PM

SPOTSYLVANIA & FREDERICKSBURG CAFE

OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 MIX & MINGLE WALK WITH EASE SELF GUIDED ACTIVITY GROCERY SHOPPING	2 MIX & MINGLE WALK WITH EASE SELF GUIDED ACTIVITY
CELEBRATE BIRTHDAYS				
5 MIX & MINGLE WALK WIT EASE SELF GUIDED ACTIVITY			8 MIX & MINGLE WALK WITH EASE SELF GUIDED ACTIVITY CRAFT DAY GROCERY SHOPPING	9 MIX & MINGLE WALK WITH EASE SELF GUIDED ACTIVITY
12 MIX & MINGLE WALK WIT EASE SELF GUIDED ACTIVITY MONDAY AT THE MOVIES 			15 MIX & MINGLE WALK WITH EASE SELF GUIDED ACTIVITY SING THAT SONG GROCERY SHOPPING	16 MIX & MINGLE WALK WITH EASE SELF GUIDED ACTIVITY
19 CLOSED 			22 TRIP OUT TBD	23 MIX & MINGLE WALK WITH EASE SELF GUIDED ACTIVITY
26 MIX & MINGLE WALK WIT EASE SELF GUIDED ACTIVITY LET'S PLAY SCATTERGORIES			29 MIX & MINGLE WALK WITH EASE SELF GUIDED ACTIVITY CRAFT DAY GROCERY SHOPPING	30 MIX & MINGLE WALK WITH EASE SELF GUIDED ACTIVITY

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Rowser Building
1739 Richmond Highway, Stafford, VA 22554
(540) 220-0587 10AM to 2PM

STAFFORD CAFE

OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				2 WALK WITH EASE TAI CHI WALKING CAFE CHAT TIME PUMPKIN SPICE AND EVERYTHING NICE DAY FUN, CRAFTS,ACTIVITIES
5 WALK WITH EASE TAI CHI WALKING CAFE CHAT TIME BRING YOUR OWN GAME DAY This Photo by Unknown Author is licensed under CC BY-ND		7 TAI CHI WALK WITH EASE CAFE CHAT TIME CAFE BOOK CLUB CHEF FOR A DAY GROCERY SHOPPING AT 1:30 PM	This Photo by Unknown Author is licensed	9 WALK WITH EASE TAI CHI WALKING CAFE CHAT TIME CAFÉ CRAFT DAY PINK PANTHER DAY OCTOBER'S BIRTHDAYS
12 CLOSED 		14 CAFE TRIP OUT DOLLAR TREE 3061 PLANK RD, FREDERICKSBURG GABES DEPT STORE 3501 PLANK RD, FREDERICKSBURG LUNCH: SUPER RICO RESTAURANT 2386 PLANK RD, FREDERICKSBURG GROCERY SHOPPING AT 1:30 PM		16 WALK WITH EASE TAI CHI WALKING CAFE CHAT TIME CAFÉ CRAFT DAY
19 WALK WITH EASE TAI CHI WALKING CAFE CHAT TIME CAFÉ GROUPS CROCHET GARDENING QUILLING, DRAWING		21 TAI CHI WALK WITH EASE CAFE CHAT TIME CAFE BOOK CLUB ALPHABET GAME GROCERY SHOPPING AT 1:30 PM		23 WALK WITH EASE TAI CHI WALKING CAFE CHAT TIME CAFÉ CRAFT DAY
26 WALK WITH EASE TAI CHI WALKING CAFE CHAT TIME TWIN DAY! WEAR MATCHING OUTFITS WITH YOUR FRIEND		28 TAI CHI WALK WITH EASE CAFE CHAT TIME CAFE BOOK CLUB TOURIST WEDNESDAY GROCERY SHOPPING AT 1:30 PM		30 WALK WITH EASE TAI CHI WALKING CAFE CHAT TIME SPOOKY FRIDAY PARTY FUN. FUN, MORE FUN PASS THE PUMPKIN GAME COSTUME CONTEST WEAR YOUR PAJAMA DAY

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