

**CAREGIVER and ALZHEIMER'S
SUPPORT GROUP INFORMATION**

CAREGIVERS

IN-PERSON AND VIRTUAL

3rd Tuesday, 1:30 pm – 3:00pm

Howell Library

806 Lyons Blvd., Fredericksburg, VA 22406

OR

Meet by Zoom

Meeting ID: 969 1920 8301

Passcode: 700664

To Join by phone: 833-548-0282 (US Toll-free)

Led by: Melite & Lori

CAREGIVERS

IN-PERSON

3rd Tuesday, 5:30 p.m.

Christ Lutheran Church, 1300 Augustine Ave., Fredericksburg, VA

Led by: Judy

**COFFEE & CONVERSATIONS FOR PERSONS WITH EARLY STAGE DEMENTIA &
CAREGIVERS**

4th Tuesdays, 11:00 am

Christ Lutheran Church, 1300 Augustine Ave., Fredericksburg, VA 22401

Led by: Judy

For groups listed above please call 800-272-3900 to register prior to the meeting.

**MARY WASHINGTON HOSPITAL HOME HEALTH AGENCY CAREGIVERS SUPPORT
GROUP**

Meets the 2nd and 4th Wednesday of each month.

11:00 am - 12 noon

Mary Washington Home Health and Hospice

Please contact Margaret Kenerly, MSW at 540-741-1667

This information has been compiled by Healthy Generations Area Agency on Aging and is deemed reliable.

For information, please call the sponsoring Agency directly

Updated 6/27/23