


November '23

Spotsylvania Café



MONDAY	
	MIX & MINGLE
	MORNING EXERCISE LET'S PLAY FAMILY FUED 
6	MIX & MINGLE MORNING EXERCISE CONTINUOUS SCRAPBOOKING
13	MIX & MINGLE MORNING EXERCISE SENIOR ROCK PROJECT 
20	MIX & MINGLE MORNING EXERCISE NUTRITION DAY COLOR ME HAPPY CONTEST HOLIDAY POEM BY MRS .LEE
27	MIX & MINGLE MORNING EXERCISE 



THURSDAY	FRIDAY
2	3
MIX & MINGLE MORNING EXERCISE CELEBRATE BIRTHDAYS CRAFT DAY TURKEY DOOR PROJECT GROCERY SHOPPING	MIX & MINGLE MORNING EXERCISE FALL CANDLE PROJECT 
9	10
MIX & MINGLE MORNING EXERCISE CRAFT DAY WOOD TRUCK CENTERPIECE GROCERY SHOPPING	MIX & MINGLE MORNING EXERCISE GAME DAY KINGS CORNER, DOMINIOS CONNECT FOUR, SPADES WII BOWLING, SKIP BOO
16	17
TRIP OUT BURLINGTON / TJ MAXX AND LUNCH @ RED LOBSTER	MIX & MINGLE MORNING EXERCISE DAY AT THE LIBRARY 
	
30	
MIX & MINGLE MORNING EXERCISE CONTINUOUS JOURNALING RED BOOK ACTIVITIES GROCERY SHOPPING 	

BIRTHDAYS	
BRENDA TERRELL	11/1
DEBORAH SCOTT	11/5
MARY GHEE	11/10
JENITA LEWIS	11/17

BIRTHDAYS	
JEAN DYSON	11/21
CAROLYN JOHNSON	11/27
VERA FAULKNER	11/29