

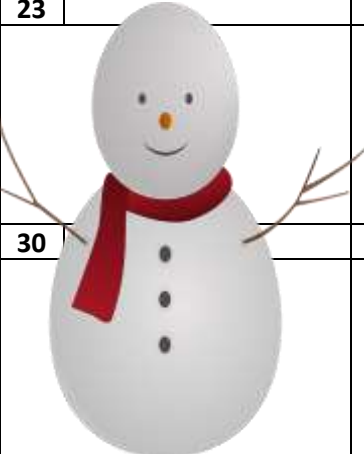






MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2		3	COFFEE & CHAT NUTRITION W/LAUREN VIRGINIA COOPERATIVE EXTENTION BOOK CLUB CROCKPOT RECIPE	4	COFFEE & CHAT WII BOWLING EXERCISE W/MARK COLOR ME HAPPY ACTIVITY GROCERY TRIP	5		6	COFFEE & CHAT CHRISTMAS SCATTERGORIES CHRISTMAS BINGO CAROLINE 19TH ANNUAL SENIOR GALA
9		10	COFFEE & CHAT NUTRITION W/LAUREN VIRGINIA COOPERATIVE EXTENTION BOOK CLUB NUTRITION	11	COFFEE & CHAT WII BOWLING EXERCISE W/MARK JOURNAL TOPIC GROCERY TRIP	12		13	CHRISTMAS MOVIE & HOT CHOCOLATE & COOKIES
16		17	COFFEE & CHAT NUTRITION W/LAUREN VIRGINIA COOPERATIVE EXTENTION BOOK CLUB CROCKPOT RECIPE	18	HGAAA CHRISTMAS GALA	19		20	TRIP OUT TO BE DECIDED
23		24		25		26		27	
30		31							

If County Schools are closed due to inclement weather, then the café is closed.

Fredericksburg Baptist Church (3rd Floor)
 1019 Princess Anne St., Fredericksburg, VA
 22401
 (540) 220-1035 10AM to 2PM



FREDERICKSBURG CAFE



2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	MORNING MINGLE	3		4	MORNING MINGLE	5	MORNING MINGLE	6	
BOOK CLUB CHAT TIME CHRISTMAS THIS OR THAT? CROCKPOT RECIPE				CHAIR EXERCISE ARTS & CRAFTS COLOR ME HAPPY ACTIVITY		CHRISTMAS PAINT & SIP HOLIDAY MUSIC COOKIES & HOT CHOCOLATE GROCERY TRIP			
9	MORNING MINGLE	10		11		12	MORNING MINGLE	13	
BOOK CLUB CHAT TIME CHRISTMAS SCATTERGORIES NUTRITION				TRIP OUT TO SHOPPERS FOOD WAREHOUSE LUNCH TO BE DECIDED		CHRISTMAS MOVIE & POPCORN GROCERY TRIP			
16	MORNING MINGLE	17		18		19		20	
CHRISTMAS LUNCH SECRET SANTA GIFT EXCHANGE GROCERY TRIP CROCKPOT RECIPE				HGAAA CHRISTMAS GALA 		CLOSED			
23		24		25		26		27	
30									

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King George Citizen Center
 8076 Kings Highway, King George, VA 22485
 (540) 273-8210 10AM to 2PM



KING GEORGE CAFE



DECEMBER 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2		3	MORNING MESSAGES NEW BUSINESS DECEMBER CALENDAR WHAT CHA WANNA DO LUNCH WRAP IT UP GROCERY TRIP	4	WELLNESS WEDNESDAY LAUREN: NUTRITION PROGRAM LUNCH ARTS & CRAFTS WRAP IT UP	5		6	MORNING MESSAGES BINGO BIRTHDAY MONTH GAME DAY LUNCH WRAP IT UP
9		10	MORNING MESSAGES ARTS & CRAFTS LUNCH WRAP IT UP	11	TRIP OUT CHRISTMAS SHOPPING & LUNCH @ IHOP	12		13	MORNING MESSAGES LAUREN: NUTRITION PROGRAM LUNCH WRAP IT UP
16		17	MORNING MESSAGES ARTS & CRAFTS LUNCH WRAP IT UP GROCERY TRIP	18	 CHRISTMAS GALA	19		20	MORNING MESSAGES LAUREN: NUTRITION PROGRAM 
23	HAPPY HOLIDAYS TO YOU AND YOUR FAMILY AND FRIENDS. MAY THIS BE A TIME OF COMFORT AND JOY TO			24		25		26	PEACE ON EARTH GOODWILL TOWARDS ALL MEN 
30		31	 3! - 2! - 1!				WELCOME 2025		

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Marshall Center, Main Lounge
 8800 Courthouse Rd, Spotsylvania, VA 22553
 (540) 809-9056 10AM to 2PM

SPOTSYLVANIA CAFE

DECEMBER 2024



MONDAY		THURSDAY		FRIDAY	
2	MIX & MINGLE LIFT EXERCISES W/ APRIL	5	MIX & MINGLE LIFT EXERCISES W/ APRIL CRAFT DAY GINGERMAN	6	MIX & MINGLE CHRISTMAS MOVIE HOT CHOCOLATE & DONUTS
	CHRISTMAS BINGO & CHRISTMAS TRIVIA		GROCERY SHOPPING		
9	MIX & MINGLE LIFT EXERCISES W/ APRIL CHRISTMAS LUNCHEON SPONSORED BY THE SPOTSYLVANIA WOMEN'S CLUB	12	TRIP OUT TO ROSE'S DEPT STORE IN ASHLAND LUNCH AT CRACKER BARRELL	13	MIX & MINGLE LIFT EXERCISES W/ APRIL SIP & PAINT CHRISTMAS TREES GROCERY SHOPPING
16	MIX & MINGLE LIFT EXERCISES W/ APRIL CHRISTMAS SNOW GLOBES CLEAN CRAFT BOXES CHRISTMAS CAROLS	18	HGAAA A Christmas Party AT KING GEORGE CAFE	19	CLOSED
				20	MIX & MINGLE SPOTSY CAFE CHRISTMAS PARTY



DONNA WOODARD - 10
 JENITA LEWIS - 12
 SHIRLEY JEAN SKINNER -21
 FREDDIE BRASWELL - 25

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STAFFORD CAFE

DECEMBER 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	WALK WITH EASE CAFÉ CHAT TIME	3		4	TAI CHI CAFÉ CHAT TIME	5	TRIP OUT ROSES DEPARTMENT STORE WALMART LUNCH: CRACKER BARREL	6	
	CAFÉ CRAFT DAY "GINGERMAN"			CAFÉ BOOK CLUB					
	COLOR ME HAPPY ACTIVITY			PINK PANTHER DAY					
				GROCERY SHOPPING					
9	WALK WITH EASE CAFÉ CHAT TIME			11	TAI CHI CAFÉ CHAT TIME	12		13	GRINCH WORKOUT CAFÉ CHAT TIME CAFÉ BOOK CLUB ANNUAL CAFE CAROLING
	SIP & PAINT "CHRISTMAS TREE"				CAFÉ BOOK CLUB				
	"CHRISTMAS AROUND THE WORLD"				GROCERY SHOPPING				
16	GRINCH WORKOUT CAFÉ CHAT TIME			18	HGAAA CHRISTMA GALA	19		20	CAFÉ CHRISTMAS LUNCH SECRET SANTA
	CAFÉ CRAFT DAY "CHRISTMAS SNOW GLOBES"								"DIY SANTA'S HATS"
	JOURNALING/SCRAPBOOKING/ SMASH BOOKS				GROCERY SHOPPING				
23							27		
29									

