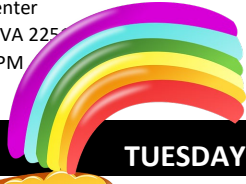







Caroline County Community Center
 17202 Richmond Turnpike, Milford, VA 225
 (540) 220-1035 10 AM to 2PM



CAROLINE CAFE **MARCH** 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
									
3		4	COFFEE & CHAT	5		6		7	
		CAFE CHAT TIME ARTS & CRAFTS ST PATRICK'S DAY WORD SCRAMBLE BRAINTEASER		WII BOWLING ATTENDING FREDERICKSBURG CAFE COLOR ME HAPPY GROCERY TRIP					
10		11	COFFEE & CHAT	12		13		14	COFFEE & CHAT
		ARTS & CRAFTS CAFE CHAT TIME BRAINTEASER		ATTENDING FREDERICKSBURG CAFE SENIOR ROCKING PROJECT GROCERY TRIP				WII BOWLING ST. PATRICK'S DAY SCATTERGORIES	
		18	COFFEE & CHAT	19				21	COFFEE & CHAT
		CAFE CHAT TIME ARTS & CRAFTS JOURNAL BRAINTEASER		WII BOWLING ATTENDING FREDERICKSBURG CAFE COLOR ME HAPPY GROCERY TRIP				MOVIE & POPCORN BINGO	
24		25		26		27		28	
		TRIP OUT TO BE DECIDED		TRIVIA ATTENDING FREDERICKSBURG CAFE COLOR ME HAPPY GROCERY TRIP				WII BOWLING RECIPE OF THE DAY NUTRITION	

If County Schools are closed due to inclement weather, then the café is closed.

Fredericksburg Baptist Church (3rd Floor)
 1019 Princess Anne St., Fredericksburg, VA
 22401
 (540) 220-1035 10AM to 2PM



FREDERICKSBURG CAFE MARCH 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3		4		5	MORNING MINGLE	6	MORNING MINGLE	7	
TRIP OUT									
10	MORNING MINGLE			12	MORNING MINGLE	13	MORNING MINGLE	14	
						GROCERY TRIP			
17	MORNING MINGLE	18		19	MORNING MINGLE	20	MORNING MINGLE	21	
						GROCERY TRIP			
24	MORNING MINGLE	25		26	MORNING MINGLE	27	MORNING MINGLE	28	
						GROCERY TRIP			
31									
TRIP OUT									

If County Schools are closed due to inclement weather, then the café is closed.



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3		4	MORNING MESSAGES NEW BUSINESS/CALENDAR ARTS & CRAFTS LUNCH WRAP IT UP	5	WELLNESS WEDNESDAY BODY IN MOTION MS... and YOUR BODY LUNCH WRAP IT UP GROCERY TRIP	6		7	MORNING MESSAGES ARTS & CRAFTS LUNCH WRAP IT UP
10		11	MORNING MESSAGES ARTS & CRAFTS LUNCH WRAP IT UP	12	WELLNESS WEDNESDAY BODY IN MOTION "WHAT IS A DISABILITY" LUNCH WRAP IT UP GROCERY TRIP	13		14	TRIP OUT AIR MUSEUM & LUNCH @ ROSIE'S CAFE
17		18	MORNING MESSAGES ARTS & CRAFTS LUNCH WRAP IT UP	19	WELLNESS WEDNESDAY BODY IN MOTION LUNCH WRAP IT UP GROCERY TRIP	20		21	MORNING MESSAGES GAME DAY LUNCH WRAP IT UP
	WOMENS History MONTH  <small>WISDOM GRACE COURAGE INTELLIGENCE</small> <small>ILLUSTRATION BY VOLVO.COM</small> <small>This Photo by Unknown Author is licensed under CC BY-NC-ND</small>	25	MORNING MESSAGES NOTABLE WOMEN IN HISTORY ARTS & CRAFTS LUNCH WRAP IT UP	26	WELLNESS WEDNESDAY BODY IN MOTION LUNCH WRAP IT UP GROCERY TRIP	27		28	MORNING MESSAGES ARTS & CRAFTS LUNCH WRAP IT UP
31									

If County Schools are closed due to inclement weather, then the café is closed.

Marshall Center, Main Lounge
 8800 Courthouse Rd, Spotsylvania, VA
 22553
 (540) 809-9056 10AM to 2PM

SPOTSYLVANIA CAFE

**MARCH
MADNESS**










MONDAY		THURSDAY		FRIDAY			
MARCH BIRTHDAYS BARBARA JOHNSON - 15 EARL JOHNSON - 23 DOROTHY MARSHALL - 25 							
3	MIX & MINGLE			6	MIX & MINGLE	7	MIX & MINGLE
MORNING EXERCISE				MORNING EXERCISE		MORNING EXERCISE	
MEDICINE CABINET MONDAY & NUTRITION DAY				CRAFT DAY "ST PATRICKS GNOMES" "PLANTERS"		SMASH BOOKS ST PATRICK'S DAY THEME	
LIBRARY DAY				CHAT TIME GROCERY SHOPPING DAY		MR AVERY "A MOMENT IN HISTORY"	
COLOR ME HAPPY				13	MIX & MINGLE	14	MIX & MINGLE
10	MIX & MINGLE			MORNING EXERCISE		MORNING EXERCISE	
MORNING EXERCISE				CRAFT DAY "CANVAS PAINTING"		MOVIE DAY 	
ST PATRICK'S DAY WORD SEARCH & SCRABBLE CELEBRATE BIRTHDAYS MRS LEE'S POEM				SIP & PAINT SHAMROCKS GROCERY SHOPPING DAY		MRS FREDDIE'S PRAYER	
17	MIX & MINGLE			20		21	MIX & MINGLE
MORNING EXERCISE		TRIP OUT TBD		MORNING EXERCISE			
HAPPY ST. PARTICK'S DAY LET'S WEAR GREEN 		LUNCH AT OLIVE GARDEN		WII BOWLING, SKIP BOO DOMINOS, CHECKERS KING IN THE CORNER WORD SEARCH			
CONTINUOUS JOURNALING				MRS LEE'S POEM			
MR. AVERY "A MOMENT IN HISTORY"		27	MIX & MINGLE	28	MIX & MINGLE		
24	MIX & MINGLE	MORNING EXERCISE		MORNING EXERCISE			
MORNING EXERCISE							
SENIOR ROCK PAINTING		GROCERY SHOPPING DAY		& SIP & PAINT			
MRS FREDDIE PRAYER							

If County Schools are closed due to inclement weather, then the café is closed.

STAFFORD CAFE

MARCH 2025

		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	WALK WITH EASE			5	TAI CHI			7	DANCE CLASS
	CAFÉ CHAT TIME				WALK WITH EASE				CAFÉ CHAT TIME
	CAFÉ CRAFT DAY "TISSUE PAPER FLOWERS"				"CINCO DE MAYO PARTY"				COLOR ME HAPPY
	"MARDI GRAS GAMES"			CAFE BOOK CLUB				WII BOWLING GAME	
				GROCERIES SHOPPING					
10	TAI CHI			12	WALK WITH EASE			14	DANCE CLASS
	WALK WITH EASE								CAFÉ CHAT TIME
	ACTIVITIES			CAFÉ CHAT TIME					CAFÉ CRAFT DAY
	SMASH BOOKS JOURNALING SCRAPBOOKING			CAFE BOOK CLUB					"ST PATRICKS GNOMES" "PLANTERS"
				GROCERIES SHOPPING					
17	WALK WITH EASE			19	TAI CHI			21	DANCE CLASS
	ST PATRICK'S DAY				WALK WITH EASE				CAFÉ CHAT TIME
	CELEBRATION				CAFÉ CHAT TIME				CAFÉ CRAFT DAY
	CHEF FOR A DAY "IRISH APPETIZERS"				CAFE BOOK CLUB				"CANVAS PAINTING"
					PINK PANTHER DAY				
					GROCERIES SHOPPING				
24	TAI CHI			26				28	DANCE CLASS
	WALK WITH EASE				CAFÉ TRIP OUT				CAFÉ CHAT TIME
	CAFÉ CHAT TIME				"BURLINGTON STORE"				"THIS TIME IN HISTORY"
	"SIP AND PAINT ACTIVITY" "CLOVER PAINTING"				"TJ MAX STORE"				"MINUTE TO WIN IT"
					LUNCH: OLIVE GARDEN				
31	WALK WITH EASE								
	CAFÉ CHAT TIME								
	"CAFÉ GROUPS" GARDENING DRAWING QUILLING CROCHET								

Editorial credit: Ridex Official / Shutterstock.com

If County Schools are closed due to inclement weather, then the café is closed.