



# CAROLINE CAFE



2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	1	COFFEE & CHAT	2	COFFEE & CHAT	3		4	COFFEE & CHAT	
	BOOK CLUB BOOK CLUB Q&A WII BOWLING JOURNAL		GET UP & MOVE EXERCISES ATTENDING FRED CAFE  GROCERY SHOPPING				TRIP OUT SHOPPING AT WALMART AND TJ MAXX LUNCH AT OLIVE GARDEN		
7	8	COFFEE & CHAT	9	COFFEE & CHAT	10		11	COFFEE & CHAT	
		BOOK CLUB BOOK CLUB Q&A WII BOWLING COLOR ME HAPPY		GET UP & MOVE EXERCISES ATTENDING FRED CAFE  GROCERY SHOPPING				ARTS & CRAFTS  BINGO	
14	15	COFFEE & CHAT	16	COFFEE & CHAT	17		18	COFFEE & CHAT	
		BOOK CLUB BOOK CLUB Q&A WII BOWLING WORD SCRAMBLE		GET UP AND MOVE EXERCISES ATTENDING FRED CAFE  PAINT & SIP  GROCERY SHOPPING				ARTS & CRAFTS	
21	22	COFFEE & CHAT	23	COFFEE & CHAT	24		25	COFFEE & CHAT	
		BOOK CLUB BOOK CLUB Q&A WII BOWLING RECIPE OF THE MONTH		ATTENDING FRED CAFE GET UP & MOVE EXERCISES  GROCERY SHOPPING				ARTS & CRAFTS  BINGO	
28	29	TRIP OUT SPOTSYLVANIA MALL APPLEBEES FOR LUNCH							

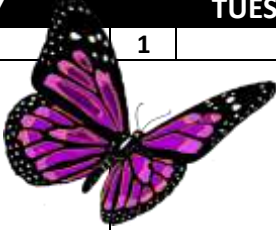

If County Schools are closed due to inclement weather, then the café is closed.

Fredericksburg Baptist Church (3rd Floor)  
 1019 Princess Anne St., Fredericksburg, VA  
 22401  
 (540) 220-1035 10AM to 2PM

# FREDERICKSBURG CAFE



# 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1		2	MORNING MINGLE	3		4	
				GET UP & MOVE! EXERCISES  SCATTERGORIES  <b>CAROLINE ATTENDING</b>		<b>STAFF TRAINING            ALL CAFES CLOSED</b>			
				7		8			
BOOK CLUB BOOK CLUB Q&A  SENIOR ROCKING PROJECT				GET UP & MOVE! EXERCISES  FAMILY FEUD  <b>CAROLINE ATTENDING</b>		ARTS & CRAFTS  <b>GROCERY TRIP</b>			
14	MORNING MINGLE	15		16	MORNING MINGLE	17	MORNING MINGLE	18	
<b>TRIP OUT            STAFFORD MARKETPLACE            LUNCH AT APPLEBEES</b>				GET UP & MOVE! EXERCISES  PAINT & SIP  <b>CAROLINE ATTENDING</b>		EASTER LUNCH  EASTER SCAVENGER HUNT  <b>GROCERY TRIP</b>			
21	MORNING MINGLE	22		23	MORNING MINGLE	24	MORNING MINGLE	25	
BOOK CLUB BOOK CLUB Q&A  GAME OF YOUR CHOICE  CAFE DJ				GET UP & MOVE! EXERCISES  WII BOWLING  BRAINTEASER <b>CAROLINE ATTENDING</b>		ARTS & CRAFTS  <b>GROCERY TRIP</b>			
28	MORNING MINGLE	29		30	MORNING MINGLE				
<b>TRIP OUT            SHOPPING AT FOUR MILE            FORK SHOPPING CENTER            LUNCH AT KICKBACK JACKS</b>				GET UP & MOVE! EXERCISES  SCATTERGORIES TRIVIA  <b>CAROLINE ATTENDING</b>					

If County Schools are closed due to inclement weather, then the café is closed.

King George Citizen Center  
 8076 Kings Highway, King George, VA 22485  
 (540) 273-8210 10AM to 2PM



# KING GEORGE CAFE



APRIL 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		1		2		3		4	
		<b>MORNING MESSAGES</b> NEW BUSINESS/CALENDAR  <b>ARTS &amp; CRAFTS LUNCH</b>  WRAP IT UP		<b>NATIONAL WALKING DAY</b>  <b>GROCERY TRIP</b>				<b>MORNING MESSAGES</b>  <b>ARTS &amp; CRAFTS LUNCH</b>  WRAP IT UP	
7		8		9		10		11	
		<b>MORNING MESSAGES</b>  <b>ARTS &amp; CRAFTS LUNCH</b>  WRAP IT UP		<b>WELLNESS WEDNESDAY</b>  <b>GAME DAY LUNCH</b>  WRAP IT UP <b>GROCERY TRIP</b>				<b>"I DIG IT"</b>  <b>NATIONAL GARDENING WKND</b>	
14		15		16		17		18	
		<b>MORNING MESSAGES</b>  <b>ARTS &amp; CRAFTS LUNCH</b>  WRAP IT UP		<b>TRIP OUT</b> <b>OLLIE'S DISCOUNT STORE &amp;</b> LUNCH: TBD				<b>MORNING MESSAGES</b>  WRAP IT UP	
21		22		23		23		25	
		<b>MORNING MESSAGES</b>  <b>ARTS &amp; CRAFTS LUNCH</b>  WRAP IT UP		<b>WELLNESS WEDNESDAY</b>  <b>GROCERY TRIP</b>				<b>MORNING MESSAGES</b>  <b>ARTS &amp; CRAFTS LUNCH</b>  WRAP IT UP	
28		29		30					
		<b>MORNING MESSAGES</b>  <b>ARTS &amp; CRAFTS LUNCH</b>  WRAP IT UP		<b>TRIP OUT</b> WALMART/DOLLAR TREE LUNCH: IHOP					

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Marshall Center, Main Lounge  
 8800 Courthouse Rd, Spotsylvania, VA  
 22553  
 (540) 809-9056 10AM to 2PM

# SPOTSYLVANIA CAFE



APRIL 2025

MONDAY		THURSDAY		FRIDAY	
		3 ALL STAFF TRAINING <b>CAFE CLOSED</b>		4 MORNING EXERCISE MIX & MINGLE  LIBRARY DAY  COLOR ME HAPPY EASTER	
7 MORNING EXERCISE MIX & MINGLE  CAFÉ CRAFT DAY "EASTER BUNNIES"  MR. AVERY "A MOMENT IN TIME"		10 MORNING EXERCISE MIX & MINGLE    GROCERY SHOPPING		11 MORNING EXERCISE MIX & MINGLE  MRS. FREDDIE PRAYER  CAFÉ CRAFT DAY EASTER CERAMICS	
14 MORNING EXERCISE MIX & MINGLE  MEDICINE CABINET MONDAY  NUTRITION DAY		17 <b>TRIP OUT</b>  BATTLEFIELD COUNTRY STORE  <b>LUNCH AT            GREAT AMERICAN BUFFET</b>		18 MORNING EXERCISE MIX & MINGLE  CAFÉ CRAFT DAY "EASTER BASKETS"  MRS. FREDDIE PRAYER	
21 MORNING EXERCISE MIX & MINGLE  SMASH BOOKS  CONTINUOUS JOURNALING		24 MORNING EXERCISE MIX & MINGLE  MRS LEE POEM  GROCERY SHOPPING		25 MORNING EXERCISE MIX & MINGLE  LET'S TALK TRIVIA & WORD SCRABBLE  MR. AVERY A MOMENT IN TIME	
28 MORNING EXERCISE MIX & MINGLE  TRIVIA  DOMINOS, CHECKERS MONOPLY, JENGA, SKIP BOO  MRS LEE POEM					



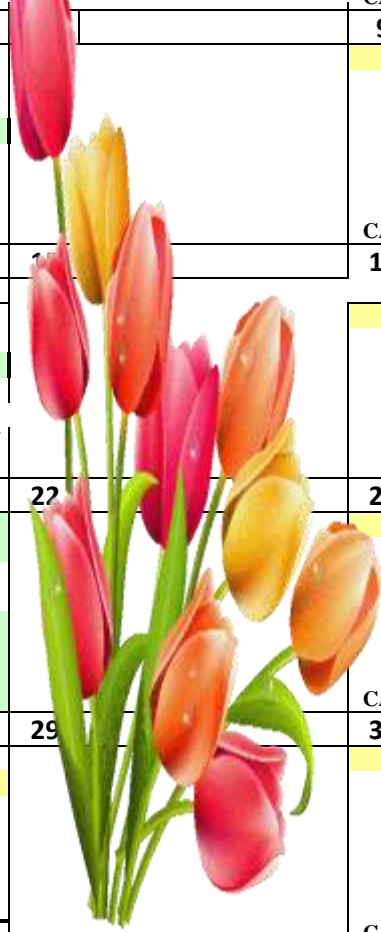




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# STAFFORD CAFE

## APRIL 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				2	TAI CHI WALK WITH EASE CAFE CHAT TIME CAFE BOOK CLUB CAFE GROCERIES SHOPPING			4	DANCE CLASS CAFE CHAT TIME CAFÉ CRAFT DAY " EASTER BUNNIES"
7	WALK WITH EASE CAFE CHAT TIME CAFÉ CRAFT DAY "EASTER SIGNS" CAFÉ DJ: MR. TOM			9	TAI CHI WALK WITH EASE CAFE CHAT TIME CAFE BOOK CLUB CAFE GROCERIES SHOPPING			11	 PINK PANTHER DAY MINUTE TO WIN IT CAFÉ CRAFT DAY " EASTER BASKETS" RECYCLE PROJECTS
14	VIRTUAL DAY WALK WITH EASE CAFE CHAT TIME CAFÉ CRAFT DAY " EASTER BUNNY"			16	VIRTUAL DAY TAI CHI WALK WITH EASE CAFE CHAT TIME CAFE BOOK CLUB "EASTER BINGO"			18	VIRTUAL DAY WALK WITH EASE CAFE CHAT TIME CAFÉ CRAFT DAY " EASTER CERAMIC"
	USE, RECYCLE, REPURPOSE ACTIVITY ACTIVITY								
21	CAFÉ EASTER BRUNCH EGG DECORATING CLASS EASTER EGG HUNT			23	TAI CHI WALK WITH EASE CAFE CHAT TIME CAFE BOOK CLUB SIP AND PAINT CAFE GROCERIES SHOPPING			25	DANCE CLASS CAFE CHAT TIME Wii BOWLING GAME COLOR ME HAPPY ACTIVITY "ALL ABOUT EASTER"
28	CAFÉ TRIP OUT DOLLAR TREE SALVATION ARMY LUNCH: UMI RESTAURANT			30	TAI CHI WALK WITH EASE CAFE CHAT TIME CAFE BOOK CLUB CAFE GROCERIES SHOPPING				

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