



TO ENHANCE THE QUALITY OF LIFE FOR ALL OLDER CITIZENS.

**HGAAA 2026 Board of Directors Meeting Dates**

The Board meets the third Monday\* of each month except August and December.

12:30 pm

Healthy Generations Area Agency on Aging Conference Room

460 Lendall Lane, Fredericksburg, VA 22405

|             |           |            |            |
|-------------|-----------|------------|------------|
| 1/12/2026** | 4/20/2026 | 7/20/2026  | 11/16/2026 |
| 2/9/2026**  | 5/18/2026 | 9/21/2026  |            |
| 3/16/2026   | 6/15/2026 | 10/19/2026 |            |

\*Amended from the third Wednesday to the third Monday starting with the September 2025 meeting.

\*\*Amended due to holiday

**HGAAA 2026 Advisory Council Meeting Dates**

The Advisory Council meets quarterly on the third Wednesday of the month.

10:30 pm

Healthy Generations Area Agency on Aging Conference Room

460 Lendall Lane, Fredericksburg, VA 22405

**February 18, 2026**

**May 20, 2026**

**August 19, 2026**

**November 18, 2026**

460 LENDALL LANE  
FREDERICKSBURG, VA 22405  
PHONE: (540) 371-3375  
FAX: (540) 371-3384  
MOBILITY OPTIONS: (540) 656-2985  
[WWW.HEALTHYGENERATIONS.ORG](http://WWW.HEALTHYGENERATIONS.ORG)